



MARISOL GARCIA

Certified Birth Doula
Certified Childbirth Educator
Certified Lactation Education Specialist
Student Midwife

SUMMARY

To educate & support families in their birthing journeys. While providing education, evidence based resources, and guidance with informed consent.

SKILLS & ABILITIES

- PROVIDES COMPASSIONATE & CULTURALLY COMPETENT CARE
- BILINGUAL IN ENGLISH & SPANISH
- EFFECTIVE COMMUNICATOR
- CALM AND ABLE TO WORK IN DIFFICULT/HIGH-STRESS SITUATIONS IN LABOR
- KNOWLEDGEABLE IN HERBAL REMEDIES FOR PREGNANCY & POSTPARTUM.

CONNECT

4647 Long Beach Blvd. Suite B3

Long Beach, CA 90805

T 562-472-5437

E togetherinbirth@gmail.com

PROFESSIONAL EXPERIENCE

TOGETHER IN BIRTH LLC

MAY 2012-PRESENT

Owner & Certified Birth Doula

Support birthing people and their partners during pregnancy, labor, birth, and immediately postpartum. Provide compassionate and evidence-based care and education.

LA FUENTE BIRTH, POSTPARTUM Y MÁS

SEPTEMBER 2018-PRESENT

Owner and Founder

La Fuente Birth, Postpartum y Más

- BIPOC-centered community space that offers compassionate and intentional care for families of color.
- Provide holistic care for expecting families and parents.
- Care includes Naturopathic healthcare, Chiropractor, Reiki, massage, bodywork, prenatal, lactation & newborn care education.

EDUCATION

MIDWIVES COLLEGE OF UTAH, Salt Lake City

BACHELOR OF SCIENCE IN MIDWIFERY

MAY 2023-Present expected graduation 2028

SUPPORTING QUEER & TRANS PARENTS IN THEIR LACTATION GOALS SEMINAR (BREASTFEED L.A.)

Los Angeles, CA

FEBRUARY 2023

SPINNING BABIES WORKSHOP

Long Beach, CA

DECEMBER 2022

TRAINING

BREASTFEED L.A

CERTIFIED LACTATION EDUCATION SPECIALIST JANUARY 2020

A CERRAR LAS CADERAS (CLOSING OF THE BONES)

TRAINING JUNE 2016-MARCH 2017

BELLY-BINDING TRAINING JULY 2016

THE BRADLEY® METHOD OF CHILDBIRTH EDUCATION

AUGUST 2014

BIRTH GODDESS DOULA TRAINING MAY 2012